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Title 22@ Social Security

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Division 5@ Licensing and Certification of Health Facilities, Home Health Agencies, Clinics, and Referral Agencies

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Chapter 3@ Skilled Nursing Facilities

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Article 4@ Optional Services

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Section 72445@ Special Treatment Program Service Unit-Services

72445 Special Treatment Program Service Unit-Services

(a)

The program objective shall be to provide a program aimed at improving the adaptive functioning of chronic mentally disordered patients to enable some patients to move into a less restrictive environment and prevent other patients from regressing to a lower level of functioning.

(b)

The facility shall have the capability of providing all of the following special rehabilitation program services. Individual programs shall be provided based on the specific needs identified through patient assessments. (1) Self-Help Skills Training. This shall include but not be limited to: (A) Personal care and use of medications (B) Money management (C) Use of public transportation (D) Use of community resources (E) Behavior control and impulse control (F) Frustration tolerance (G) Mental health education (H) Physical fitness (2) Behavioral Intervention Training. This shall include but not be limited to: (A) Behavior modification modalities (B) Remotivation therapy (C) Patient government activities (D) Group counseling (E) Individual counseling (3) Interpersonal Relationships. This shall include but not be limited to: (A) Social counseling (B) Educational and recreational therapy (C) Social activities such as outings, dances, etc. (4) Prevocational Preparation Services. This shall include but not be limited to: (A) Homemaking (B) Work activity (C) Vocational counseling (5) Prerelease Planning

(A) Out-of-home placement

(1)

Self-Help Skills Training. This shall include but not be limited to: (A) Personal care and use of medications (B) Money management (C) Use of public transportation (D) Use of community resources (E) Behavior control and impulse control (F) Frustration tolerance (G) Mental health education (H) Physical fitness

(A)

Personal care and use of medications

(B)

Money management

(C)

Use of public transportation

(D)

Use of community resources

(E)

Behavior control and impulse control

(F)

Frustration tolerance

(G)

Mental health education

(H)

Physical fitness

(2)

Behavioral Intervention Training. This shall include but not be limited to: (A) Behavior modification modalities (B) Remotivation therapy (C) Patient government activities (D) Group counseling (E) Individual counseling

(A)

Behavior modification modalities

(B)

Remotivation therapy

(C)

Patient government activities

(D)

Group counseling

(E)

Individual counseling

(3)

Interpersonal Relationships. This shall include but not be limited to: (A) Social counseling (B) Educational and recreational therapy (C) Social activities such as outings, dances, etc.

(A)

Social counseling

(B)

Educational and recreational therapy

(C)

Social activities such as outings, dances, etc.

(4)

Prevocational Preparation Services. This shall include but not be limited to:(A)

Homemaking (B) Work activity (C) Vocational counseling

(A)

Homemaking

(B)

Work activity

(C)

Vocational counseling

(5)

Prerelease Planning (A) Out-of-home placement

(A)

Out-of-home placement

(c)

In order to qualify for special treatment program services approval, the facility shall have, initially, a minimum of 30 patients whose need for special treatment program services is reviewed and approved by the local mental health director or designee.

(d)

The facility program plan shall include provisions for accomplishing the following:

(1) The facility in conjunction with the local mental health director shall make an initial, individual assessment of each patient to identify the current level of functioning and program needs of the patient. The assessment shall be standardized and recorded on forms approved by the Department. (2) At least every 4 months, the facility, in conjunction with the local mental health director or designee, shall reassess each patient to determine the need for continued certification of the patient in the special treatment program. (3) A minimum average of 27 hours per week of direct group or individual program service for each patient.

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